## Things you can do before passing away

In order to ease the complexities and stress on family members and friends after you pass on, here is a list of things you can do to put things in order and prepare beforehand.

## 1. Living Will

Write down what you want others (doctors, family, friends) to do in case you are not responsive. Plan ahead. Do you want life support? Or not? Examples:

- Do not prolong my life using artificial life support (ventilation, heart support).
- Administer palliative sedation only.

There are many formats for Livings Wills. We can help to write the perfect one for your wishes.

#### 2. Farewell Form

Our Farewell Team has a form for you to fill out. Tell them what you want them to do with your physical body. Cremation or burial? What shall be done at your funeral to honor your life?

https://auroville.org.in/group/farewell

https://auroville.org.in/article/85917

https://auroville.org.in/page/farewell-forms

# 3. Obituary

You can even write your own obituary. Mauna has been doing this beautifully for many years but you can give her bullet points of your life, or you can leave a text with a family member or friend to be shared when the time comes.

# 4. Testament and disposing of your assets and belonging

- If you have money in your Financial Service account, you have to specify what should happen to that. Should it go to a person or be donated to a specified project or for unspecified use in Auroville?
- If you have personal movable belongings in Auroville you should specify what should happen to them. E.g. Shall your books go to the AV library? Your clothes to the Freestore? Can your friends choose keepsakes and mementos? Who will do the clearing of your house?
- If you have a bank account in India you should indicate a nominee who can access the account(s) in your absence. If you have other assets in India you can make a testament with a local notary.
- If you have assets and belongings abroad, every country has different regulations regarding legacy. In certain situations, testaments are needed, in others not. You should find out the regulations applicable to your country with a local expert and/or the relevant diplomatic mission (consulate or embassy).

## 5. Digital Will

Yes, in these times you might need that. What shall happen with everything that is online, including all social media, all photos as well as all documents on your computer(s), mobile phone(s) and other devices. Bobby/Mira Computers can help either erase that data or back it up and hand it over to your family or person(s) mentioned in will or last wishes list. This may include cancelling all subscriptions for Netflix, Amazon, Facebook, etc., and other paid or free services. A responsible/trustworthy party may keep your email ID and related passwords, SIM card unlock passcodes and phone unlock passcodes which can then be used to process the above.

## 6. Cleaning your personal space

If you don't want your relatives and friends to have to clean out all the plastic boxes, expired pills, heaps of paper and whatnot, you can empty your space yourself, a little at a time. Enjoy less stuff. Start to throw or give things away NOW.

But there is also a group of Aurovilians who can help you. They call themselves Clear-Busters. "Who you gonna call?" <a href="https://forall.fairuse.org/topic/1163/the-end-of-material-possessions?">https://forall.fairuse.org/topic/1163/the-end-of-material-possessions?</a>=1684393544505

# Things that others will need to do after your death

The Working Committee has written extensively about the administrative procedures that need to be done by the executor of your will. This can be shared with you beforehand if you wish, and your executor can ask for their help at any time.

https://auroville.org.in/page/about-last-wills-and-testaments-2013 https://mcusercontent.com/9244e69e1de863b0879cf34d0/files/b2abbc47-3edc-4003-7785-5804defc73f6/

<u>Subject\_When\_someone\_passes\_away\_in\_Auroville\_process\_of\_Death\_registration\_execution\_of\_wills\_and\_burial\_cremation\_laws\_.pdf</u>

For any questions or help you can contact Julietta (julietta.kuehle@gmail.com) who has personal experience and is offering to assist in these matters.